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I am a Spanish trained General Practitioner with over 20 years of experience in primary healthcare. During the last 5 years I have been playing a leading role in social web and virtual networks, participating and leading different projects.

- Experience in multicultural and socially complex environment
- Postgraduate qualifications in Palliative Care, Bioethics and multiple clinical topics.
- Appointments to several congress and scientific meetings as a lecturer.
- Blog editor: <http://www.doctorcasado.es/>
- Leader of the following web 2.0 projects: [mividasinti](#), [Vídeos y Salud](#), [AP12 causas](#) and [Seis minutos](#) documentary.

PROFESSIONAL EXPERIENCE

- ◆ General Practitioner at **Miraflores de la Sierra**, SERMAS, Madrid's Health Service, from may 2018 to present.
- ◆ General Practitioner at **Villalba pueblo Health Center**, Collado Villalba, SERMAS, Madrid's Health Service, from 2007 to 2018.
Director from July 2008 to April 2011.
- ◆ General Practitioner at **Tribulete Health Center**, Area 7, SERMAS, Madrid's Health Service, from 2001- 2007.
- ◆ **General Practitioner at FREMAP**, occupational accidents and professional diseases mutuality (1998-1999).

EDUCATION

GRADUATE IN MEDICINE AND SURGERY, COMPLUTENSE UNIVERSITY, MADRID (1986-1993).

INTERNSHIP AND RESIDENCY

- ◆ **FAMILY AND COMMUNITARIAN MEDICINE SPECIALIST** (1994-1997).
Residents Teaching Unit Area 10, Madrid's Health Service.
 - >Hospital de Getafe. Madrid.
 - >Centro de Salud Isabel II. Parla, Madrid.

RESEARCH AND PUBLICATIONS (summary)

- ◆ REPULLO, J. R.; CASADO, S.; et al. The medical profession in the face of the reactivation of the COVID-19 pandemic in Spain. *Journal of healthcare quality research*, 2021, vol. 36, no 1, p. 1.
- ◆ CASADO, S; LOZANO, I. Desburocratización de la consulta. *FMC-Formación Médica Continuada en Atención Primaria*, 2020, vol. 27, no 4, p. 194-199.
- ◆ CASADO S; AMAT V; GUTIÉRREZ M; ORTIZ. Terapia ultrabreve en medicina de familia. *Médicos de Familia-Somafyc*, 2018; (2), 33-36.
- ◆ ABADÍN, F.; CASADO, S.; LOZANO, C. Ian McWhinney y la importancia de los referentes en medicina de familia para crear una identidad profesional propia. *Medicina de Familia-SEMERGEN*, 2018, vol. 44, no 4, p. 293-294.

- ◆ **CASADO S.** “Silencio en el ruido: oportunidades para la meditación en la vida cotidiana”, en *Folia Humanística*, 2018; 9: 21-40. Doi: <http://dox.doi.org/10.30860/0039>.
- ◆ **CASADO S;** ABADÍN, F. Microtutorías, un nuevo recurso docente. *Medicina de Familia-SEMERGEN*, 2018, vol. 44(1), 74-74.
- ◆ HERAS, G; CEPEDA, JM; **CASADO, S.** Getting started with a health blog. *ICU Management*, 2015; 15(1)
- ◆ RUIZ A, BRAVO R, **CASADO, S.** Capítulo 23. Comunicación a través de tecnologías de la información y la comunicación. En: *Comunicación clínica*. Ed. Panamericana 2015.
- ◆ **CASADO S,** GÓMEZ DE LA OLIVA S. Historia digital de movilidad en atención primaria, una aproximación ética y práctica. *FMC: Formación Médica Continuada en Atención Primaria*, 2014; 21(5), 259-260.
- ◆ **CASADO S.** El Médico 2.0 en *Medicina Reproductiva en la Era Digital*. Cuadernos de Medicina Reproductiva, 2014; 20 (2).
- ◆ **CASADO S.** El papel de la información en el empoderamiento del paciente, en: BASAGOITI I, et al. *Alfabetización en salud.: De la información a la acción*. ITACA-TSB, 2014. Disponible en <http://www.salupedia.org/alfabetizacion/>
- ◆ **CASADO S.** Evitar la espera. *AMF: Actualización en Medicina de Familia*, 2012; 8 (6).
- ◆ **CASADO S.** El papel del blog en la relación médico-paciente. *FMC: Formación Médica Continuada en Atención Primaria*, 2012; 19(6), 318-320.

BIOETHICS

- ◆ Primary Health Care Ethics Committee, Norwest Assistance Direction, Madrid. Member from 2007 to 2012. **Vicepresident** from 2009.
- ◆ Primary Health Care Ethics Committee, 7th area Primary Health Care, Madrid. Member from 2001 to 2007. **President** from 2005 to 2007.

SOCIAL WEB

- **AP XII causas.** Participative discuss on line panel about Primary Health Care in Spain using a blog format. <http://apxii.wordpress.com/>
- **Six minutes.** 18 minutes documentary (professional quality) about primary health care. <http://www.seisminutos.com/>
- **#VIDEOSYSALUD** Health and Video project. Scientific workshop about audiovisual language and health. <http://www.videosysalud.es/>
- **Mi Vida Si Ti.** Website for patients to give up smoking. <http://mividasinti.drupalgardens.com/>
- **Professional Blog:** “La consulta del doctor Casado” (Dr. Casado’s clinic) health information for patients and professionals. 30.000 monthly visits. More than 1.700.000 visits <http://www.doctorcasado.es/>
- **Youtube chanel** <https://www.youtube.com/user/vigidel>
- Twitter account [@doctorcasado](https://twitter.com/doctorcasado) with more than 30.000 followers.
- **Professional Facebook** account: Doctor Casado Virtual. Information for patients. <https://es-es.facebook.com/doctorSalvadorCasado>
- Columnist in the **Huffington Post**, spanish edition: <http://www.huffingtonpost.es/salvador-casado/>

COMMUNITY SERVICE AND MEDICAL VOLUNTEER EXPERIENCE

- Medical Area Coordinator of the NGO Apoyo Positivo (Positive Support), specializing in the care of people with HIV / AIDS and their families. Several programs were developed among which the home care hospice, medical guidance and consultation health education activities (from August 2000 to May 2001).
- Head of the Area Health in a Education Project of Humanitarian Aid: **Fight anti-epidemic and rehabilitation of health infrastructure toilet in the municipalities of Chinandega and Chichigalpa** "developed by the NGO ACSUR-Las Segovias in the northwest of **Nicaragua**, the most punished area after Hurricane Mitch. (From october 1999 to April 2000).
- Participation in **Palliative Care program of the Spanish Association Against Cancer**, performing control and monitoring of patients working in a multidisciplinary team (July 1999-August 1999).
- **Cooperating doctor in Ecuador.** We participated in the community health program of Caritas-Ecuador through

development of medical consultations and health workshops for women held in different rural and marginalized communities in the province of Manabi, 1995.

• **Medical Coordinator in a Cooperation Project in Albania** during the summer of 1993. Functions performed were organizing and attending a medical consultation and coordinate the team of nurses, students, translators and physicians, as well as overseeing the distribution of drugs in a Primary Care clinic in Gurizi, rural area of outstanding problems in northern Albania.

PROFESSIONAL MEMBERSHIPS

- Spanish Family Medicine Society SEMFYC, member from 1997 to present.
 - New technologies and social media working group.
 - Health and Communication group.
- Madrid Physician's College, member from 1993 to present.

LITERARY ACTIVITY

- CASADO, S. Haikus como signo de revolución. *Folia Humanística*, 2021, vol. 2, no 6, p. 68-85.
- [Diario de un médico descalzo](#), 2018.
- [Arconte Enfurecido](#), 2019.